

READ *this information and share it with your athletes*

- Please note the **REVISED Schedule of Events**. We hope to maintain the revised time schedule of events. **We WILL NOT go ahead of the revised time schedule.**
- **COACHES' CREDENTIAL:** Coaches please wear your **BLUE WRIST BAND** to ensure your uninterrupted movement within the field house. Coaches are allowed in the infield bleachers, athletes are not.
- **RUNNING EVENTS CHECK-IN:** Please make certain your athletes **KNOW** their **SECTION AND LANE ASSIGNMENT** prior to reporting for their race or hip numbers. **Competitors in the 60, 60H and 200 DO NOT need hip numbers. They should report directly to the start line.** Athletes in events 400m and longer must report to the Athlete Check-In Table for a hip numbers. All athletes must be at the starting line when it is time for their race. We will not wait for late arrivals and we will not reassign late arriving athletes to subsequent sections.
- The fastest 9 times will qualify for the finals in the 60m & 60m hurdles. The 10th through 18th next fastest times will qualify for a consolation final.
- All **FIELD EVENT COMPETITORS** should report to the officials at the competition venue no later than the **START** of the **FIRST FLIGHT** of the competition. Shots & Weights will be weighed at the throw venue before the first flight begins.
- **FIELD EVENT ATHLETES also competing in running events**, with permission from field event officials will be allowed to make-up missed field event attempts while they are away for running or other field events as long as their absence does not delay the competition. Competition in the athlete's assigned flight must still be on going to make-up missed attempts.
- **RELAYS:** After team check-in and receiving hip numbers all relay team members should report to the start line. Officials will escort athletes to the proper exchange zones. **RELAY CARDS** should be submitted at the Athlete Check-In Table.
- **RESTROOMS:** We have very limited restrooms in the field house. Additional port-a-johns are located in the elevator lobby of the football stadium just outside the front door to the field house
- **FRIDAY PRACTICE:** 6:30 – 8:00pm (for safety, weight throwing is prohibited)
- A **SPLIT TIMER** carrying a blue split timer sign will identify split location at the distances listed
800m – 200m splits 2 mile – 440y splits 4x800 – 800m splits 4x400 – 400m splits
Mile – 440y splits DMR – (400–800) – 1200 - 400 – 800 - 1600
- **AWARDS:** Medal winners (top three finishers) should pick up their medals at the Awards Table (Athlete Check-In Table) after the event results have been posted.
- Please adhere to the **Nutter Field House Food & Drink Policy** detailed in the Meet Information. No fast food picnic meals on football field. Violators will be escorted off the infield.
- **PROBLEMS, INQUIRES or PROTEST:** If a coach has a question or believes an error has been made in the conduct of the competition please come to the Athlete Check-In Table