

KENTUCKY HS INVITATIONAL TRACK & FIELD MEET

February 16, 2019 - Revised

Field Events

Weight Throw	10:00 am	Girls (Boys follow 30 mins after girls)	4 throw final
Long Jump	10:00 am	Girls (Boys follow 40 mins after girls)	4 jump final
High Jump	10:30 am	Girls <i>starting height – 4'8"</i>	
High Jump	10:30 am	Boys <i>starting height – 5'8"</i>	
Pole Vault	12:00 n	Girls (Boys follow 45 mins after girls)	
		<i>starting heights: G (10'0") B (12'0")</i>	
Shot Put	follows Boys WT (45 minutes later)	Girls (Boys follow 30 mins after girls)	4 throw final
Triple Jump	follows Boys LJ (45 minutes later)	Girls / Boys follow in 30 mins after girls)	4 jump final

Running Events

12:30 pm	60m hurdles (T)	Boys	5 heats
	60m hurdles (T)	Girls	4 heats
	60 meters (T)	Boys	8 heats
	60 meters (T)	Girls	6 heats
1:25 pm	Distance Medley	Girls	1 section
1:40 pm	Distance Medley	Boys	1 section
1:52 pm	Mile	Girls	3 sections
2:12 pm	Mile	Boys	3 sections
2:30 pm	60m hurdles (F)	Girls	1 section
2:34 pm	60m hurdles (F)	Boys	1 section
2:38 pm	60 meters (F)	Girls	1 section
2:42 pm	60 meters (F)	Boys	1 section
2:50 pm	400 meters	Girls	8 sections
3:10 pm	400 meters	Boys	8 sections
3:30 pm	800 meters	Girls	4 sections
3:45 pm	800 meters	Boys	4 sections
4:00 pm	200 meters	Girls	8 sections
4:18 pm	200 meters	Boys	8 sections
4:40 pm	Two Mile	Girls	1 section
4:55 pm	Two Mile	Boys	1 section
5:10 pm	4 x 400m relay	Girls	2 sections
5:20 pm	4 x 400m relay	Boys	3 sections
5:35 pm	4 x 800m relay	Girls	1 section
5:50 pm	4 x 800m relay	Boys	1 section