# KENTUCKY HIGH SCHOOL TRACK&FIELD INVITATIONAL

Saturday - February 19, 2022

### Nutter Field House 1401 Sports Center Drive University of Kentucky

**<u>SANCTIONING</u>**: The Kentucky High School Invitational is sanctioned by USA Track & Field (USATF) and hosted by the Kentucky Milers' Club, a USATF club. Sanction # 22-41-003

#### IMPORTANT INFORMATION REGARDING USATE SANCTIONING:

USATF Sanctioning requires ALL competing athletes and their parent or legal guardian sign the USATF Liability Waiver. See page 4 of this meet information. Athletes, parents or coaches MUST print the Liability Waiver page and bring signed waivers to ATHLETE / TEAM CHECK-IN TABLE ON FEBRUARY 19. Any participant that does not submit a signed waiver will not be issued an athletes' credential, will not be allowed to compete and entry fees will not be refunded. Athletes 18 years old do not need a parent's signature on their waiver.

**ENTRIES:** Entry consideration into the **Kentucky Invitational** is open to any high school athlete (9<sup>th</sup>-12<sup>th</sup> grade) regardless of state of residence. Depending on your state's high school athletic association's rules, athletes may compete as members of their high school team, a track club or as unattached competitors. **Individual membership in USATF is not required.** The Kentucky Invitational is a quality competition with selective entries based on pervious, verifiable performances in competition. Entry performances will be accepted from the 2022 indoor and the 2021 indoor or outdoor seasons. Relay marks should be the team's 2022 indoor performances, or the sum of the personal best 2021 times of the four competing athletes. **All athletes meeting the entry standard are automatically accepted. Entries not meeting the entry standard may be submitted and will be accepted on a space available basis from the descending order list of entries. To assist with entry decisions, all entry list with entry performances will be available to review on the VB Meets entry site. We will hold very closely to the entry limitations listed on the Schedule of Events and Entry Standards page. Originally, we refunded entry fees of athletes not accepted into the meet, but too many people ignored the entry standards and the maximum number of competitor and refunding all those fees created an administrative nightmare. Therefore, we <b>will not refund** entry fees for athletes not accepted into the meet. Accepted Entry lists will be emailed to all registered athletes and coaches on Wednesday, February 16

**HOW TO ENTER**: All entry performances with date and location of performance and entry fees must be submitted and **DECLARED** through **VB Meets** by 6:00 pm eastern time on Tuesday, February 15.

# https://www.vbmeets.com/32750

## Entry declaration deadline will be at 6:00 pm eastern time on Tuesday February 15

**IMPORTANT:** To ensure the validity of entry performances, **YOU MUST** enter your athletes with accurate, verifiable performances. Additionally, the **Kentucky Invitational "Challenge Rule"** will be available. If a coach or parent has reason to believe an athlete has been entered with an inaccurate performance, the coach or parent may challenge that performance by contacting Don Weber at dweber@uky.edu. If the performance in question cannot be verified, the athlete will be re-seeded or rejected. If accepted athletes scratch, other athletes will move up the descending order list to fill all events with the designated number of competitors. Enter field event marks in feet and inches.

<u>ENTRY FEES:</u> Entry fees SHOULD be paid through VB Meets, our on-line entry service. Entry fees are fifteen dollars (\$15) <u>per event</u> in individual events, plus forty dollars (\$40) for a relay team. If you cannot pay your entry fee through VB Meets, you ABSOLUTELY MUST have your entry fee check in my possession by 6:00 pm on Tuesday, February 15. If we do not have your entry fee on Tuesday, we will not accept your entries into the competition. Mail entry fees to: Don Weber, 2628 Hedgepath Trail, Louisville, KY 40245. DO NOT mail entry fees in a manner that requires a signature for delivery. Checks should be payable to: UKAD ... <u>PAY ENTRY FEE ONLINE</u> ... <u>DO NOT RISK LATE MAIL DELIVERY</u>

ENTRY DECLARATION: Please do not click the DECLARE ENTRIES button on the VB meets entry site until you KNOW all your entries are accurate and available to compete. Early declarations are often unreliable and require you to pay entry fees for athletes that later might be unavailable to participate due to injury or illness. Remember, we do not refund entry fees.

NCAA ENTRY REGULATIONS: Please read NCAA Regulations regarding entries and entry procedures for the Kentucky High School T&F Invitational (page 5)

AWARDS: Kentucky Invitational Medals will be awarded to the top three (3) finishers in each event.

**PRE-MEET WORKOUTS:** The Nutter Field House will be available for pre-meet workouts between 6:30 pm – 8:00 pm on Friday, February 18. Start list and updated meet information will be available on Friday during the workout period and on the meet website: <u>www.uktrack.com</u>. The field house will close at 8:00 pm!

<u>CONDUCT OF COMPETITION:</u> A coach, parent or designated school representative must accompany athletes to the meet. All running events, except the 60 meters and 60m hurdles, will be contested as *sections against time* finals. Sections, heats, lanes, and field events flights of competition will be seeded according to entry times / distances and other available performance information. In events other than the 60m and 60m hurdles, the first section or flight will be the top seeded section or flight. The 60m and 60m hurdles will include a *consolation final* for the 10<sup>th</sup> through 18<sup>th</sup> fastest times from the preliminary round. Consolation final participants will not be eligible for awards. All long/triple jumpers and shot put/weight contestants will receive four (4) final attempts. A tentative time schedule is enclosed. The "no false start" rule will be in effect.

**<u>NUTTER FIELD HOUSE LOCATION</u>**: Nutter Field House is located on the south side of the UK campus between Alumni and Cooper Drives, next to Kroger Field Football Stadium. **Address: 1401 Sports Center Drive, 40506** 

**WARM-UP LOGISTICS:** Athletes must warm-up outdoors or in the designed area on the track infield. Athletes will be required to "camp" or locate on the track infield. **Warming-up on the track is not allowed!** 

<u>ATHLETE CHECK-IN</u>: Athletes in all **RUNNING EVENTS** must check-in with the **Clerk of Course** located on the track infield at least 20 minutes prior to their race. The clerk will distribute hip numbers. After receiving hip numbers, athletes should report to the clerks of course at the starting line for their race. Finalists in the 60 meters and 60m hurdles should report directly to the start line. Hip numbers for the 60m and 60m hurdles Finals will be distributed at the start line. Athletes in all **FIELD EVENTS** will be allowed to begin specific warm-ups at the site of the competition 45 minutes prior to the start of the competition (75 mins. / pole vault). Field Event Athletes must formally check in with the head official at the competition venue at least twenty minutes prior to the **start of the first flight. All field events will start on time!** 

ATHLETIC TRAINERS: The UK Sports Medicine Staff will provide athletic training services to all athletes.

**<u>RESULTS</u>**: Results will be posted on the infield at the 50-yard line. Results will be posted on the meet website at **www.uktrack.com**.

**DRESSING ROOMS:** Dressing rooms are not available in the field house. Please have your athletes come to the facility dressed to compete.

**<u>RESTROOMS</u>**: Field House restrooms located in the entrance lobby are very limited. Additional port-a-johns will be conveniently located in the Kroger Field Football Stadium elevator lobby near the entrance to the field house.

**FOOD & DRINK POLICY:** Although pre-competition snack foods (nutritional bars, fruit, etc.) are allowed on the turf field, team "fast food" picnic meals are not. Please limit all drinks to containers with lids and ask your athletes to deposit all refuse in the trashcans. Water and Gatorade are the only drinks allowed inside the track, Tables are available along the backstretch for athletes' concessions or delivered lunches Your assistance in keeping the field house clean will be greatly appreciated. Food restrictions apply to spectators as well. **Concessions will be available and food deliveries are permitted.** 

SPECTATOR ADMISSION: Adults (19-64) \$8.00, Youth (6-18) & Seniors (65) \$5.00, Kids (5 & under) Free Doors will open at 9:00 am for spectators

<u>QUESTIONS</u>: Email Don Weber at dweber@uky.edu. Important additional meet information will be distributed through the VB Meets email service so please provide your email address when registering your athletes.

Field House will open Saturday at 8:30am for Athlete Check- In

# KENTUCKY INVITATIONAL

# **ENTRIES, ENTRY FEES, DECLARATION & USATF WAIVERS**

# **QUICK REVIEW**

- **READ** Kentucky Invitational Meet Information & NCAA Entry Policy
- **REVIEW** entry standards and maximum competitors for each event
- **REVIEW** entry list on VB Meets entry site to make decisions on submitting entries not meeting the entry standard
- **REGISTER** athletes and teams at **https://www.vbmeets.com/32750**
- SUBMIT ENTRIES at <a href="https://www.vbmeets.com/32750">https://www.vbmeets.com/32750</a>
- PRINT AND SECURE ATHLETES' & PARENTS' SIGNATURES ON USATF WAIVER
- UPDATE, DECLARE and PAY ENTRY FEES on your VB Meets entry / declaration page

Accepted entry list will be emailed to all register athletes and teams

FEBRUARY 19SUBMIT USATF WAIVER AT ATHLETE CHECK-IN



#### PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Bib #	N/A
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Event Date(s): February 19, 2022

#### Sanction # 22-41-003

#### Event Location: Nutter Field House, Univ of Kentucky

For and in consideration of USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby represent that (i) I am at least eighteen (18) years of age (or this Agreement is also agreed to by my parent, natural guardian, or legal guardian (the "Guardian"));
  (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well-being at all times and under all circumstances while at the Event site.
- 2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sports of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers (as defined in Section 4 below); and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions or the actions or inactions of others participating in or organizing the Event, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties (as defined in Section 4 below).
- 3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competition Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
- 4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties, as relevant and applicable in each instance: USATF, its members, clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the event directors, the host organization and the facility, venue and property owners or operators upon which the Event takes place; and any other organizers, promoters, sponsors, advertisers, coaches and officials for this Event; law enforcement agencies and other public entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which may be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the gross negligence and/or willful misconduct of any of the Released by the gross negligence and/or willful misconduct of any be incurred as the result of such claim, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released by the gross negligence and/or willful misconduct of any of the extent caused by the gross negligence and/or willful misconduct of any of the extent caused by the gross
- 5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information (collectively, "Likeness"), in any media platform or format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the Event, USATF, or the sport of Athletics. The foregoing grant, however, does not constitute consent for USATF or any third party to use my Likeness in an endorsement of any product or service without my specific written consent.

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have accepted this Agreement without any inducement, assurance or guarantee, and intend for my acceptance to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person's physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant's participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties.

Minor Name #1: Minor Name #2:	an):		Age: Age: Age:	Date of Birth: Date of Birth: Date of Birth:		Male Male	Female Female Female
Minor Name #3: Home Address:			Age: Hon	Date of Birth: ne Tel.: ()	//		Female
Team NameX		Email Address					
	Signature of Participant or Guardian			Date Signed			

## 2022 Kentucky HS T&F Invitational

# **NCAA's Entry Regulations**

The Kentucky HS Invitational Track Meet is a selective entry competition. We limit entries based on predetermined field sizes and legitimate performances previously achieved in official competition.

Selective or limited entry high school competitions hosted on a NCAA institution campus must follow NCAA rules. The NCAA mandates the selection of entries for limited entry events be determined solely by established numerical entry limits and a descending order of legitimate past performances entered under the established entry procedures (i.e.) on-time entries, on-time entry fee payment and the other established entry policies.

Since the NCAA considers every high school athlete a college prospect regardless of class or ability, NCAA rules applies to every entrant along with their coach/parent. To avoid possible NCAA infractions, as meet managers we cannot accept entries that do not adhere to the established entry policies. In essence, we determine the number of entries in each event (see schedule of events) and the athletes self-select themselves with their previous performances in legitimate competitions. Additionally, the coach or parent must follow the established entry procedures. Accepting fraudulent entry performances, training performances, coaches' projected performance, or allowing any other special consideration of established entry policy would be in violation of NCAA rules.

Please do not ask us to compromise the established entry process, we cannot make exceptions.

If we have scratches in any event, we will attempt to fill the fields by going to our descending order list of properly entered athletes.

Don Weber Meet Director

# ~ GUARANTEED ENTRY STANDARDS ~

Listed below are the ENTRY STANDARDS for the 2020 Kentucky Invitational. If the athlete has a verifiable mark, attained in legitimate competition meeting the entry standard, he or she will be automatically accepted into Kentucky High School Invitational. Athletes entered with legitimate marks not meeting the entry standards, will be accepted from a descending order list on a space available basis. Entry fees are not refundable. Entry list with submitted performances are available to review on the VB Meets entry site.

EVENTS:	BOYS		<u>GIRLS</u>
60m Dash	7.25 (11.24/100m)	(54 athletes)	8.05 (12.57/100m)
60m Hurdles	9.10 (16.09/110mH)	(54 athletes)	10.00 (16.27/100mH)
200m	22.50	(48 athletes)	25.80
400m	51.50	(48 athletes)	59.50
800m	2:01.00	(45 athletes)	2:25.00
1 Mile	4:36.00 (1600m)	(45 athletes)	5:32.00 (1600m)
2 Mile	9:53.00 (3200m)	(30 athletes)	11:48.00 (3200m)
4x400m Relay	3:28.00	(18 teams)	4:07.00
4x800m Relay	8:16.00	(15 teams)	10:15.00
Pole Vault	13'06"	(20 athletes)	11'00"
High Jump	6'00"	(16 athletes)	5'00"
Long Jump	21'00"	(20 athletes)	17'06"
Triple Jump	41'00"	(20 athletes)	35'00"
Shot Put	48'00"	(20 athletes)	35'00"
Weight Throw	50'00"	(16 athletes)	36'00"

# KENTUCKY HS INVITATIONAL TRACK & FIELD MEET February 19, 2022

### Field Events

Weight Throw Long Jump	10:00 am 10:00 am	Girls (Boys follow 3 Girls (Boys follow 4	<b>U</b> ,	16 Athletes 20 Athletes
High Jump High Jump	10:30 am 10:30 am	Girls <i>starting height – TBD</i> Boys <i>starting height – TBD</i>		16 Athletes 16 Athletes
Pole Vault	12:00 n	Girls (Boys follow 6	<b>3</b> ,	20 Athletes
Shot Put	follows Boys WT (45 minutes later)	starting heights: G (TBD) B (TBD) Girls (Boys follow 30 mins after girls) 20 A 4 final throw final		20 Athletes
Triple Jump	follows Boys LJ (45 minutes later)	Girls / Boys follow in 30 mins after girls) 16 Athle 4 final jump final		16 Athletes
<u>Running Ev</u>	<u>vents</u>			
12:30 pm	60m hurdles(T)60m hurdles(T)60 meters(T)60 meters(T)	Men Women Men Women	54 Athletes/ 5 hear 54 Athletes/ 5 hear 54 Athletes/ 6 hear 54 Athletes/ 6 hear	ts ts
1:30 pm	Mile	Women	45 Athletes/ 3 sect	ions
1:50 pm	Mile	Men	45 Athletes/ 3 sect	ions
2:10 pm	60m hurdles (F)	Women	18 Athletes/ 2 secti	ons
2:13 pm	60m hurdles (F)	Men	18 Athletes/ 2 sections	
2:18 pm	60 meters (F)	Women	18 Athletes/ 2 secti	ons
2:21 pm	60 meters (F)	Men	18 Athletes/ 2 secti	ons
2:26 pm	400 meters	Women	48 Athletes / 8 sect	ions
2:46 pm	400 meters	Men	48 Athletes / 8 sections	
3:10 pm	800 meters	Women	45 Athletes/ 4 sections	
3:25 pm	800 meters	Men	45 Athletes/ 4 sections	
3:40 pm	200 meters	Women	48 Athletes / 8 sections	
3:55 pm	200 meters	Men	48 Athletes / 8 sections	
4:10 pm	Two Mile	Women	30 Athletes / 1 section	
4:25 pm	Two Mile	Men 30 Athletes / 1 section		ion
4:40 pm	4 x 400m relay	Women	18 Teams / 3 section	ons
5:00 pm	4 x 400m relay	Men	18 Teams / 3 section	ons
5:20 pm	4 x 800m relay	Women	15 Teams/ 1 section	on
5:35 pm	4 x 800m relay	Men	15 Teams/ 1 section	on



# **Directions to Nutter Field House**

#### From Bluegrass Parkway

When the Parkway ends, exit right and the road turns into US-60 East (Versailles Road). Follow US-60 East approximately 10 miles into Lexington and turn right onto Mason Headley Road. Follow Mason Headley 1.5 miles until the lighted intersection at Harrodsburg Road (Broadway). Go straight through the intersection as Mason Headley becomes Waller Avenue. Continue traveling Waller for a mile until the lighted intersection at Nicholasville Road. Go straight through the intersection as Cooper Drive. Continue on Cooper through the first light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

#### From the North and West

Follow I-64 East/I-75 South to exit 115 (marked Lexington/Airport). Merge onto Newtown Pike. Follow Newtown Pike towards downtown for approximately 3 miles. Turn left onto Main Street. Follow Main Street for 0.4 miles as it turns into Vine Street. Follow Vine for 0.3 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sportscenter Dr.). Nutter Field House will be at the end of that road.

#### From the East

Follow I-64 West to exit 113 (US-27/US-68 toward Lexington/Paris). Turn right onto Broadway (US-27 S/US-68 W). Follow Broadway towards downtown for approximately 3 miles. Turn left onto Vine Street. Follow Vine for 0.2 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

### From the South

Follow I-75 North to exit 108 (Man O' War Blvd). Turn left off of the ramp onto Man O' War Blvd. Follow for 2.3 miles to the lighted intersection at Alumni Drive. Turn right onto Alumni. Follow Alumni 3.8 miles to the lighted intersection at Tates Creek Road. Continue through the light at Tates Creek and follow Alumni for 0.2 miles and take a right onto College Avenue. Go 0.3 miles around a curve and Nutter Field House will be on your left.