WILDCAT HIGH SCHOOL TRACK CLASSIC

Saturday – January 31, 2015

Nutter Field House

www.uktrack.com

University of Kentucky

<u>ENTRIES:</u> Entry into the *Wildcat Track Classic* is open to Kentucky HIGH SCHOOL athletes only. Athletes must compete as members of their high school team. Unattached or track club entries are not allowed. **Entries are limited to three athletes per event, per team.** In special situations, possible exceptions to the entry limit policy will be made considering verifiable, <u>very competitive</u> performances of all the team's entries in a particular event. Meet management also reserves to right to limit entries, based on performance, more strictly than the 3 athletes per event limitation to keep the competition on a manageable schedule. **We will accept a limited number of total entries in the 2 mile (50) & Pole Vault (20) events.** Email Don Weber at dweber@uky.edu with additional entry requests.

ENTRIES must be made through **aspi meetz**, our online entry service for the Wildcat Classic.

The Wildcat Classic Entry Site address is: http://www.aspimeetz.com/20502

We will email an **Invitation to Enter** with a direct link to **aspi meetz's** Wildcat Classic Entry Page to the KTCCA Coaches Association list serve in late November. You may begin to enter athletes online immediately, but **you must declare or finalize your entries by 7:00pm (eastern) Wednesday, January 28**. You may enter, update or adjust your entries anytime from December 1 until 7:00 pm (eastern time), Wednesday, January 28. As the instructions on the entry page indicates, once you click on the **DECLARE LIST BUTTON** you will not be able to edit your entries and we will not be able to download entries that have not been officially declared. We will seed the meet and your entry fee will be calculated based on only those entries declared by 7:00 pm on Wednesday, January 28.

IMPORTANT: For entry into the 60m and 60m hurdles, the online entry forms list 100 meters and 100m/110m hurdles events ... please use your athlete's best 100 meter or 100m/110m hurdle times for entry into the 60m and 60m hurdles. In the past we've received both indoor and outdoor performances and we do not want to try to convert times. Please enter your athletes with accurate performances to ensure the fairest competition.

DECLARE & FINALIZE ALL ENTRIES: 7:00 pm eastern, Wednesday, January 28.

ENTRY FEES: Five dollars <u>per athlete</u>, <u>per event</u> in individual events, PLUS twenty dollars for each relay team. Entry fees must be paid on or before Saturday, January 31, 2015. You may mail entry fee or pay at packet pick-up. Your entry fee will be calculated based on the entries you confirm on Tuesday, January 28. The only refund of entry fees after January 28 will be for athletes not accepted into the competition based on performance

Entry fee checks must be made payable to: **UKAD** (University of Kentucky Athletic Department)

MAIL ENTRY FEE: Don Weber, 2437 Doubletree Court, Lexington, KY 40514

<u>CONDUCT OF THE COMPETITION</u>: A coach, or designated school representative must accompany athletes to the meet. All events will be contested as "sections against time" finals. Sections will be seeded according to entry times and other available performance information. The first section or flight will be the top seeded section. Competitors in the long jump and shot put will be given three (3) final attempts. Depending on the size of the fields, minimum measurements after the first fair attempt may be utilized. All shots must be weighed at the competition venue at least 30 minutes prior to the start of the competition

The field house will open at 10:30 am on Saturday. The competition will begin at 12:00n (Eastern Time), and a "rolling time schedule" will be followed throughout the meet. Check the www.uktrack.com website Friday for the number of sections to assist you with estimating the time of your events. Start list will be posted on the www.uktrack.com website Friday afternoon. The "no false start" rule will be in effect. Start times for the boy's field event competitions will be announced by the event officials at the conclusion of the girl's events

AWARDS: Wildcat Classic Medals will be awarded to the top three finishers in each event.

<u>COACHES CREDENTIALS:</u> At team check-in coaches will be issued a wrist band credential which will provide access to bleacher seating as well as restricted team and warm-up areas. Wristband meet credentials are for official **coaches only!** Parents transporting athletes are considered spectators

TEAM CAMPS: All teams should establish a "team camp" in the area designated on the infield of the track. Athletes will not be allowed in bleacher seating. Seating is reserved for paying spectators and coaches.

SAFETY POLICY: The use of headphones and cell phones are only permitted inside the team camp area

<u>WARM-UP LOGISTICS:</u> Athletes should warm-up outdoors or in the designated area on the track infield. Warming-up will not be allowed on the track!

<u>DRESSING ROOMS:</u> Dressing or locker rooms are not available in the field house, so please have your athletes come to the field house dressed to compete.

RESTROOMS: Field House restrooms located in the entrance lobby are very limited. Additional port-a-johns will be conveniently located in the elevator lobby of Commonwealth Stadium just outside the entrance to the field house

SPIKED SHOES: One quarter inch pyramid (1/4") spikes are the only spikes allowed. Starting line clerks will prohibit athletes wthl other spikes (pin, Christmas tree) from competing. **Don't risk it!!!**

<u>ATHLETE CHECK-IN</u>: All running event athletes must check-in with the Clerk of Course located on the track infield at least 20 minutes prior to their race. Early check-in is encouraged. The clerk will distribute hip numbers to all athletes competing in races in which the competitors do not remain in an assigned lane throughout the entire race (400 – 800 – mile – 2 mile – 4 x 400 and 4 x 800). Athletes in the 60m, 60m hurdles and 200 WILL NOT need hip numbers. After checking in with the CLERK OF COURSE athletes will be responsible for reporting to the starting line for their race. The Starting Line Clerks will call athletes to the starting line in the proper sections. We will not delay the start of any race waiting for late arrivals. Coaches, please make sure your athletes know their section and lane assignment PRIOR to checking in. It will expedite the check-in process tremendously.

SPLIT TIMES: A "split-timer" carrying a blue sign will move around the track providing "split" locations.

START LISTS: Start lists (heat sheets) for all events will be posted on the meet's web site (www.uktrack.com) on Friday afternoon and in the field house on Saturday morning.

ATHLETIC TRAINERS: The UK Sports Medicine Staff will provide athletic training needs to all athletes.

RESULTS: Results will be posted on the infield at the 50 yard line and on the wall next to the bleachers near the front entrance. At the conclusion of the meet, complete printed results will be distributed in the field house lobby. Results will be also be posted at **www.uktrack.com** and sent as an email to the KTCCA List Serve

<u>FOOD & DRINK POLICY:</u> Although pre-competition snack foods (nutritional bars, fruit, etc) are allowed in the field house, team "fast food" picnic meals are not. Please limit all drinks to containers with lids and ask your athletes to deposit all refuse in the trashcans. Water and Gatorade are the only drinks allowed inside the track, *absolutely no food on the track infield*. Your assistance in keeping the field house clean will be greatly appreciated. Food restrictions apply to spectators as well. **CONCESSIONS WILL BE AVAIABLE.**

SPECTATOR ADMISSION: General Admission \$10.00, Youth (3-18) & Seniors (65+) \$2.00 **Doors open for spectators at 11:00am**

QUESTIONS: Email Don Weber at dweber@uky.edu

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Order of Events

The Field House will open Saturday morning at 10:30 am.

Running Events

Time 12:00pm	Event 60m Hurdles 60m Hurdles 60m Dash 60m Dash Mile Run Mile Run 400m Dash 400m Dash 800m Run 200m Run 200m Dash Two Mile Run Two Mile Run 4x 400m Relay	Gender Girls Boys	Competitors 50 athletes – 2 sections of 25 competitors 50 athletes – 2 sections of 25 competitors
	4x 400m Relay 4x 400m Relay 4x 800m Relay 4x 800m Relay	Girls Boys Girls Boys	

Field Events

Time	Event	Gender	Competition
12:00pm	Shot Put	Girls	3 FINAL Throws
12:00pm	Long Jump	Girls	3 FINAL Jumps
12:00pm	Pole Vault	Girls	20 competitors max w/ 8'00" starting height
follows girls	Shot Put	Boys	3 FINAL Throws
follows girls	Long Jump	Boys	3 FINAL Jumps
follows girls	Pole Vault	Boys	20 competitors max w/ 10'00" starting height

Start times for boy's field events competition will be announced by Event Officials at the conclusion of the Girls competition

Directions to Nutter Field House

From Bluegrass Parkway

When the Parkway ends, exit right and the road turns into US-60 East (Versailles Road). Follow US-60 East approximately 10 miles into Lexington and turn right onto Mason Headley Road. Follow Mason Headley 1.5 miles until the lighted intersection at Harrodsburg Road (Broadway). Go straight through the intersection as Mason Headley becomes Waller Avenue. Continue traveling Waller for a mile until the lighted intersection at Nicholasville Road. Go straight through the intersection as Waller Avenue becomes Cooper Drive. Continue on Cooper through the first light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

From the North and West

Follow I-64 East/I-75 South to exit 115 (marked Lexington/Airport). Merge onto Newtown Pike. Follow Newtown Pike towards downtown for approximately 3 miles. Turn left onto Main Street. Follow Main Street for 0.4 miles as it turns into Vine Street. Follow Vine for 0.3 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sports Center Dr.). Nutter Field House will be at the end of that road.

From the East

Follow I-64 West to exit 113 (US-27/US-68 toward Lexington/Paris). Turn right onto Broadway (US-27 S/US-68 W). Follow Broadway towards downtown for approximately 3 miles. Turn left onto Vine Street. Follow Vine for 0.2 miles and turn right at Upper Street. Continue on Upper St. for 0.7 miles as it turns into Limestone. Continue on Limestone for 0.8 miles until the lighted intersection at Cooper Drive. Turn left onto Cooper Drive passing through the light at University Drive and turn right at the next light (Sportscenter Dr.). Nutter Field House will be at the end of that road.

From the South

Follow I-75 North to exit 108 (Man O' War Blvd). Turn left off of the ramp onto Man O' War Blvd. Follow for 2.3 miles to the lighted intersection at Alumni Drive. Turn right onto Alumni. Follow Alumni 3.8 miles to the lighted intersection at Tates Creek Road. Continue through the light at Tates Creek and follow Alumni for 0.2 miles and take a right onto College Avenue. Go 0.3 miles around a curve and Nutter Field House will be on your left.